

“It Is Known By Way Of Demonstration”

Lola Wright - Sunday, May 6, 2018

Bodhi Spiritual Center

Lola Wright:

This is a community that is comprised of extraordinary human beings. It is a place that I have the experience of living in the overflow all the time and still I find myself resisting it. This past weekend we had a practitioner retreat at our home in Oak Park, which meant we had 15 people sleeping all over our house and many months ago that sounded like an amazing idea. I was like, "Wouldn't that be fun?" I don't know that my family ever agreed and as the days got closer, I started to feel increasingly concerned. The day arrived and I started to resist, and yet so funny, because I wasn't prepared to cancel. I was just opting for suffering.

Not willing to change something, but now living in resistance of what I'm not willing to change, thus suffering emerges. That is called insanity. At the end of the 24 hours of having these 15 incredible human beings in my home, I became so clear on the power of intimacy belonging community and just time and space with folks. We often times say here that Sundays are an incredible surge of energy and then we invite you to take classes, because something happens in classes that doesn't occur in a large group experience on a Sunday morning.

What occurred to me as folks were leaving yesterday is that something happens in 24 hours of bathing, and cooking, and sleeping together that doesn't happen in classes. When you are with people for a prolonged period of time, all of your beauty and all of your mess can be experienced. I extend the invitation for you to consider joining us for Memorial Day Weekend for our community retreat, because what I was reminded of as everyone was leaving yesterday is there's great value in us being in stillness together over long periods of time. We are living in the overflow in this community.

Jay is an incredible demonstration of how people show up ready to take on their lives and to step in to their most magnificent expression. They move about this community in service of humanity. They walk through this place eagerly seeking the opportunity to intersect humanity and divinity. Jay, I think you for being a model of that. In our

work yesterday morning at my house, the reason these 15 human beings were sleeping over was because seven of them are completing for some people a three year, for some people a four year, for some people a five year, six year, seven year journey of devotional practice to the realization of their highest selves.

They're completing two years of practitioner training and for many of them that has taken four years prior to that of prerequisite training. There's some level of absurdity that you could say it takes longer to become a practitioner than a medical doctor in some cases, but the devotion is palpable. What we did yesterday morning was something called mock oral panels, which means that these seven individuals had to sit for an hour before a panel of practitioners and be worked over, if you will, on who they say they are and what they say they stand for.

One of the panelists that I had the privilege of witnessing is a practitioner student by the name of Don Mannery. Don has been a part of this community for over a decade. He is the only person in this community that, like me, has taken three attempts to complete practitioner training. For some people a path that may have taken three, four, five, six, we like to prolong it to 10. Don ... And one of the things that I witnessed in Don's prayer work is something that I suspect is very deep to his essence and it is a profound idea that I'd like to invoke this message with.

In Don's prayer work what he says is, "Everything God is, I am." He said that a couple times and it sounds like a nice spiritual platitude, but I want you to get the depth of that statement. Everything God is, I am. That's a revolutionary concept to suggest that you're one with the infinite nature of the universe. Everything God is, I am. The only place that we experience a gap, we experience suffering, we experience disease, we experience discord, is when we forget that.

In the science of mind textbook, which is an extraordinary book, one of my favorites, Ernest Holmes writes merely to abstain from wrong thinking is not enough. There must be active right thinking. We must become actively constructive and happy in our thinking, not merely passively so. One of the things we talk about here is radical responsibility. It's the good news and the good news. Radical responsibility, thinking in and of itself as a passive exercise doesn't show and prove. That is where we get something conceptually. The invitation today is be one that can demonstrate these principles in all of your affairs, because there is nothing more challenging than a metaphysician gone awry, thank you Kanye West.

You become more dangerous when you understand these principles lightly. This is deep work. This is broad, broad, deep, ancient wisdom. You can't take the Cliff Notes on this one. Can you imagine saying to your most vulnerable self, "Get the hell up"? You would never do that. That's metaphysical malpractice. It is a misunderstanding of the law. Merely to abstain from wrong thinking is not enough, there must be active right thinking. We must become actively constructive and happy in our thinking, but merely passively so.

You cannot consume these teachings and not embody these teachings, you run the risk of metaphysical malpractice. We'll have folks come through foundations and get a dangerous amount of understanding of the depths of the teachings, then go home on a family vacation and wonder why their folks think they're crazy. Be mindful to not start proselytizing before you have done the work in your own consciousness. You are who you are by right of consciousness. I was like, "You are not talking about Kanye West this morning." But it's so right in the space. I'm just going to say one little thing, I'm not going to go down a deep rabbit hole and please understand this, it is not intended to be offensive, but please get this, okay?

One of the things that he said in that interview, which is nonsense. I mean, he said a lot of nonsense in that interview. If you don't know what I'm talking about, you can go look later. One of the things he said is that he had liposuction and got addicted to opioids because of the pressure that you created. Just get that that's the consciousness from which he's coming when he said the next bit of nonsense. Just scrutinize, that's all I'm saying. Chew on what folks say, don't take it as Gospel just because it sounds good right off the top. My invitation for us as a community is to be in creation, not consumption. There's a very different quality a consumer loves the quick hits. A consumer loves the glib lines. What he has manufactured for himself is nothing more than a very powerful publicity stunt. So stay awake.

The title of this talk is It Is Known By Way of Demonstration. It is the presence of God. We don't use gender pronouns to indicate the presence of God here. It is known by demonstration. God is known by demonstration. God, life, spirit, the universe only knows of itself but through you. You are the point of intersection of humanity and divinity. You are the place and space in which God becomes aware of itself. God can only become aware of itself through you to the degree to which your consciousness has been awakened. You are demonstrating a life, we're talking about at the individual level here, not talking about

the collective. That is where the misapplication of the teachings comes in.

People will take a principle at the level of the individual and they will try to apply it at the level of the collective, which is how you can have someone say slavery is a choice. Do you understand? There is a distinction between the application of individual spiritual principle and the application of spiritual principle at the level of the collective. We are dancing organisms together. In the Science of Mind glossary, when you look up the demonstrate, we can demonstrate at the level of our ability to know. We can demonstrate at the level of our ability to know.

You and I at the level of the individual are demonstrating a life commensurate with that which we know, which is why the invitation is to expand what you know, because if you have a desire to expand your experience of life, then you would want to expand the depth of that which you know. The only way that you can have a deep rooted understanding of that which you know that is infallible, if you will, is to go into the realm of the unarguable is to go into the realm of truth. If you look to the world of conditions, the realm of materiality for that which you know, you will always be led astray, which is why we get heartbroken when our favorites fall off the pedestal, because we placed our power outside of ourselves.

The root of the word no in old English, which is where it comes from is recognition, to recognize. The first step in the style of prayer in which we teach here, which is called affirmative prayer, is recognition. Recognize God is period. It's the only thing that's happening here and you and I are human beings that have been given free will. Our free will gets applied to this high and holy truth, and then we have the opportunity to go in all kinds of crazy directions.

My intention for today is to remind us that the power to create lives in you and an invitation that we may allow it to use us. That God knows of itself through you. The demonstrating from your ego nature versus your spiritual nature ends you up on TMZ. These principles are intended to bring about a greater realization of that which you desire. You are a point of God consciousness in this vast hole. You are the place in space whereby God comes to know of itself through you. There is a man by the name of Jack Boland who was the senior minister of renaissance unity in Detroit where I have frequented and I first came across Jack's CDs about 20 years ago. And in true form, as I prepared for 15 people to sleep over I felt the need to clean every nook and cranny.

Usually what happens is the morning of a party I will say to Nathan, "I need the kitchen floors redone." And that becomes a drama. In an effort to prepare my house, I got partially through many projects and one of the projects was organizing my attic that no one was going to visit. I found all kinds of CDs. One of which was Jack Boland from 20 years ago and I started listening. Are you familiar with the mind that starts to feel the need? When I go on vacation I prepare as if I'm dying. It's like my house all of a sudden becomes a project and God forbid, someone should come while I have died on my vacation.

Jack Boland says, "You are where you meet God. You are the time and space continuum in which the activity of spirit takes place. You are where you meet God." That is such a big idea. That is such a powerful context. What that requires is that we dismantle an externalized power structure. What that requires is that we deconstruct some deity in the sky. What that requires is that we turn within and trust that all that we need, all that we want, all that we desire is nearer than our breath. It is right where we are and that is the presence of God. You are where you meet God. That is such good news. That news rocked my world when I came here, because I was on a hamster wheel of looking for good outside of me, in a job title, in a relationship, in my bank account, in the number on the scale, but if I am where God meets me, that flips the whole equation.

The role of the practitioner is to support you in awakening to the God within. The role of the practitioner is to support you in clearing out that which lives in the subconscious mind such that it is easier to have a realization of the truth. I want to show you what's called the creative process. For those of you who have taken classes with me or you've taken the mastermind experience with me there is a circle. It represents the metaphysical chart, the creative process, the circle is an indication of God, the infinite, that which never ends. Can I get a witness on the slide, please?

There is a circle. It's divided into three parts. All right. The top third represents the infinite nature of life, spirit. The middle third represents soul, your subconscious mind. The bottom third represents the world of affairs, body. It is the material realm. The big winning exploration is that middle section. That is where your thoughts, your feelings, your beliefs and your memories live. If in that top section is the eternality of all that is, the presence of love, of peace, of joy, of freedom, of harmony, and it is pressing through from the invisible realm into the visible realm and it's going through a filtration system of a realm of thoughts, feelings, beliefs, and memories that are out of alignment with

what you say you want, but you haven't done the work in consciousness to excavate that which you say you want, then you get a particular outcome.

It is mathematics. It is formulaic. Someone said this week, "Well, then how can you explain a child's diagnosis of cancer? You're telling me that they had a realm of beliefs in the subconscious mind that produced a particular outcome?" My invitation was to them, "It sounds like you have a belief that a child having cancer. It sounds like you have a belief that a child's diagnosis is wrong." That's not for me to say and that's not for you to say. I don't know why someone pushes through into this dimension of reality and is experiencing that which they're experiencing.

I am responsible to see what's going on over here in planet Lola. The comfort I can provide someone who's going through that experience is to know that the spirit is eternal, to know that life is infinite, to know that the spirit that has pushed through this eight year old little body that is navigating cancer lives long beyond the time it lays its body down. That's not spiritual bypass, that's a profound exploration. Our obsession with taking other people's inventories is a complete distraction from exploring our own subconscious mind and what's going on over here. There's a basic 12 step tenet that says keep your side of the street clean. Don't please talk to me about showing improving over here when your life looking a little messy.

If you and I want to be great wisdom keepers in our communities for the realization of the high idea of humanity, then we would want to become deeply interested in what's going on on planet Lola. There's nothing yuckier than getting feedback from someone with very little credibility based on the way that their life looks. For some of us, when we proselytize these teachings and our life is questionable, it becomes an integrity issue. Now, if you've done it, just take a breath of loving kindness. The point is not to beat up on yourself, but it's just this is where humility is a beautiful, beautiful practice. This is the paradox of the conviction, the spiritual faith, the muscle of knowing that you are the infinite made manifest and I'm in the practice of realizing that. The practice of realizing that can have my life look messy sometimes.

Ernest Holmes goes on to say the road to freedom lies not through mysteries or occult performances, but through the intelligent use of nature's forces and laws. The law of mind is a natural law in the spiritual world. This experience is governed by universal laws, which means whatever you put into it comes back to you. If you have a realm of beliefs, if you have a perception that what the eight year old is

experiencing is bad and wrong, there's going to be a world that gets reflected back to you and that doesn't mean that you can't have profound sadness at the loss of a body.

This is where the consciousness of humanity is in an evolutionary cycle right now. There is something very big that is happening in the consciousness of humanity that's inviting us to be able to hold two things. A body can be laying itself down. We can feel the experience of sadness and grief and we can hold the deep knowing that life is eternal. This is a time where we're being invited to become very comfortable with death. There is a dying that is occurring in the limited understanding of the human experience. We talk about this all the time. You could consider that we are death midwives or death doulas. That's a thing. Folks that are trained in how to be with death. In order for you to show and prove the highest idea of who you're here to be, become very comfortable with watching the limited you die.

If you want the high idea of you to come forward, become comfortable with watching the little you die. For some of us our cosmology of thought, our realm of beliefs that keeps us trapped in a recurring experience of not enough, the loss of that cosmology of belief is very scary, because you and I don't know who we are outside of what we know. You're breaking through paradigms. You're busting up old ideas of self. Someone said this weekend that they were wondering if life is predetermined or if it's created in this time and space. What they were told is that it's both and I don't believe that actually. I've been sitting with that. I've been chewing on that. Like, wait a second, you're telling me that life is predetermined. I don't believe that. I don't believe in kismet law, I believe in karmic law.

Karmic law is a law of cause and effect. This is an orderly universe. You put in, something comes out. You put in batter in a cake in a pan and if you're oven is working, out will come a fully baked cake. That is how the law works. You have a belief, it's impersonal. The law doesn't care what your belief is. The reason I've been chewing on that idea of kismet law or karmic law is life predetermined. If life is predetermined, that suggests that there is an externalized God. That I can't get with that. If life is predetermined, that requires an externalized God and then I want to be like, "Where is she?" That is why pronouns never work, because I'm like, "But where is the he she?"

There is an animating presence, it is energy. It is never born. It never dies. It's eternal. It's immortal. In this now moment it is individualized as you. You are the individualized manifestation of God. I tweeted something Jay and you asked me about it. You said so ... Let me read

what I said here. There's too much Lola and not enough you. Understand the distinction between your personality and your essence. Let your essence lead the dance with your personality, not the other way around. You are an individualized manifestation of that which is good and very good. You are an individualized, you have pushed through into the manifest realm as a high and holy indication of all that is and you are not your personality. There's a distinction between individuality and personality.

Consider personality as your ego construct. You will always have an ego construct. The idea is not to get rid of the ego construct, but who is running the show? When you and I are wanting to show and prove from our ego place, we're trying to keep up with the Joneses. When you and I are demonstrating or wanting to show and prove from our essence, something wholly different comes forward. There are two Scriptures that I would love for us to keep in mind this month. I can do nothing of myself. I can do nothing of myself. If you think that you're doing it, expect to be exhausted. This is the great paradox of the field of demonstration, of the field of mental science. I can do nothing of myself. My ego nature, my personality of itself is empty, but scripturally it also says I can do all things through Christ who strengthens me.

We are not a Christian community, we do not believe that the Christ is limited to the Christian experience. The English translation out of Aramaic is the anointed. Metaphysically we understand the Christ presence as your spiritual nature, your I am nature. I can do all things through Christ who strengthens me. I can do all things through my spiritual nature versus my material nature, my ego nature. This month I think we have five Sundays on show and prove and the invitation is to explore how you are demonstrating these spiritual principles in your life.

Life is evolutionary. For example, an area of great exploration for me is finances. I love it. I love to play in the financial realm, because it's very measurable. When I showed up here 13 years ago my finances were a mess. They're a little messy still, but they're not a mess. Life is evolutionary. The invitation is not to be perfect in a limited sense. You are perfect without any effort. You are perfect without any effort, there is nothing that you could do to ever hurt, harm, or hinder that. Life is evolutionary. I'm going to close with this. We are immersed in the atmosphere of our own thinking, which is the direct result of all we have ever said, thought, or done. This decides what is to take place in our lives. Thought attracts what is like itself and repels what is unlike itself.

We are drawn toward those things which we mentally image. Most of the inner processes of our thoughts have been unconscious, but when we understand the law, we learn to consciously embody what we wish and think of this only and then we are drawn silently toward it. To show and prove does not require a lot of effort, but it does require a deep devotion to the principles. There is an atmosphere to your thinking. What's the atmosphere looking like? I just want to honor the 15 people that often times you never see in the background of this place, that are holding the high watch of consciousness for this community everyday. Our practitioners are deeply devoted to the realization of these truth principles in their lives and the lives of everyone who frequents this place online or in person.

They are not the only ones, there are many that are practicing. We are the midwives of the time. What is the atmosphere of your thinking? Please tend to it and show and prove the realization of a world that exemplifies the high idea of peace, the high idea of harmony, the high idea of freedom. There is a call right now. Will we answer it? Many blessings.